

Goal Setting Worksheet

Career Goals

Answer the following questions to clarify your path in telemedicine:

What type of telemedicine practice aligns with your skills and interests?

How much time are you willing to dedicate to telemedicine each week?

Do you plan to transition fully into telemedicine, or will you balance it with a traditional practice?

AIR Academy Content Disclaimer

The content provided by AIR Academy is for educational purposes only and does not constitute legal, financial, or professional advice. AIR Academy is not responsible for any decisions or actions taken based on this material. All content is confidential and intended solely for enrolled participants. Unauthorized sharing, reproduction, or distribution of this material is strictly prohibited and may result in legal action.

Goal Setting Worksheet

Financial Goals

Answer the following questions to clarify your path in telemedicine:

What is your ideal monthly income from telemedicine?

How many hours per week are you willing to work to meet your income goals?

Have you budgeted for licensure costs and platform fees to start your practice? Add your notes here.

AIR Academy Content Disclaimer

The content provided by AIR Academy is for educational purposes only and does not constitute legal, financial, or professional advice. AIR Academy is not responsible for any decisions or actions taken based on this material. All content is confidential and intended solely for enrolled participants. Unauthorized sharing, reproduction, or distribution of this material is strictly prohibited and may result in legal action.

Goal Setting Worksheet

Personal Goals

Answer the following questions to clarify your path in telemedicine:

What personal priorities (e.g., family, hobbies, health) are most important to you?

How can telemedicine help you create a better work-life balance?

What boundaries will you set to protect your personal time and ensure a sustainable schedule?

AIR Academy Content Disclaimer

The content provided by AIR Academy is for educational purposes only and does not constitute legal, financial, or professional advice. AIR Academy is not responsible for any decisions or actions taken based on this material. All content is confidential and intended solely for enrolled participants. Unauthorized sharing, reproduction, or distribution of this material is strictly prohibited and may result in legal action.