

All In Remote Physician Academy

Goal Setting Worksheet



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Goal Setting Worksheet

Career Goals

Answer the following questions to clarify your path in telemedicine:

What type of telemedicine practice aligns with your skills and interests?

How much time are you willing to dedicate to telemedicine each week?

Do you plan to transition fully into telemedicine, or will you balance it with a traditional practice?

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Financial Goals

Answer the following questions to clarify your path in telemedicine:

What is your ideal monthly income from telemedicine?

How many hours per week are you willing to work to meet your income goals?

Have you budgeted for licensure costs and platform fees to start your practice? Add your notes here.

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Personal Goals

Answer the following questions to clarify your path in telemedicine:

What personal priorities (e.g., family, hobbies, health) are most important to you?

How can telemedicine help you create a better work-life balance?

What boundaries will you set to protect your personal time and ensure a sustainable schedule?

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